

1. Place flowers, leaves, vegetables, etc. on a piece of mordanted fabric.
2. Fold it. The way you fold it will help create patterns. If you don't want colors to bleed through the folds separate the layers with foil, paper, or saran wrap.
3. Roll the folded fabric around a stick or pipe or fold/roll it to a little hard package. Roll it up tight.
4. Put the rolled up/folded fabric in a steamer basket in a pot with a small amount of boiling water. Or hang the folded package in a string down in the pot with a little water on the bottom. Or place a pipe with rolled up fabric on a metal rack with just a little of water underneath the rack.
5. Do not let the water touch the fabric.
6. Steam for 20 mins or so.
7. Unfold.
8. You can experiment with acid/alkaline/iron, dip the fabric or sprinkle chemicals on it.
9. Rinse, or (if you did not use chemicals) you can let dry and then rinse at a later time.