

Mordanting with Iron

Depth of Shade	Percentage of weight of fiber (wof)
Light	0.25%
Medium	0.5-0.75%
Strong	1-3%

Weigh or measure iron into a plastic beaker or non-reactive container
Add approximately 1 cup (225 ml) cold water and stir well. If you are using a large amount of iron, use a larger container and add more water to fully dissolve. You may strain out any undissolved grains of iron with a coffee filter or sieve.

Fill a dye pot with enough water to hold fibers, add iron solution and stir well.

Add fibers. Heat to 130°F (55°C). Let steep for 30 mins, stirring often and making sure the fibers are submerged.

Remove the pot from the heat, let cool to handle easily and rinse fibers.

Avoid ingesting or breathing the iron. Keep away from children and pets.

(from dharmatrading.com)